

Print patient name \_\_\_\_\_

Patient Date of Birth \_\_\_\_\_

Today's Date \_\_\_\_\_

### Adult ADHD-RS-IV\* with Adult Prompts ^

The ADHD-RS-IV with Adult Prompts is an 18-item scale based on the DSM-IV-TR criteria for ADHD that provides a rating of the severity of symptoms. The adult prompt serve as a guide to explore more fully the extent and severity of ADHD symptoms and create a framework to ascertain impairment.

The first 9 items assess inattentive symptoms and the last 9 items assess hyperactive-impulsive symptoms. Scoring is based on a 4-point Likert-type severity scale: 0=none, 1=mild, 2=moderate, 3=severe. Clinicians should score the highest score that is generated for the prompts for each item. Example: if one prompt generates a "2" and all others are a "1", by convention the rating for that item is still a "2" Significant symptoms in clinical trials are generally considered at least a "2" - moderate.

	None	Mild	Moderate	Severe		None	Mild	Moderate	Severe
<b>Carelessness</b>					<b>Can't organize</b>				
Do you make a lot of mistakes (in school or work)?	0	1	2	3	Do you have trouble organizing tasks into ordered steps?	0	1	2	3
Is this because you are careless?	0	1	2	3	Is it hard prioritizing work and chores?	0	1	2	3
Do you rush through work or activities?	0	1	2	3	Do you need others to plan for you?	0	1	2	3
Do you have trouble with detailed work?	0	1	2	3	Do you have trouble with time management? Does it				
Do you not check your work?	0	1	2	3	cause problems?	0	1	2	3
Do people complain that you are careless?	0	1	2	3	Does difficulty in planning lead to procrastination and				
Are you messy or sloppy?	0	1	2	3	putting off tasks until the last moment possible?	0	1	2	3
Is your desk or workspace so messy that you have					<b>Avoids/dislikes tasks requiring sustained mental effort</b>				
difficulty finding things?	0	1	2	3	Do you avoid tasks (work, chores, reading, board games)				
<b>Difficulty sustaining attention in activities</b>					that are challenging or lengthy because it's hard to stay				
Do you have trouble paying attention when watching					focused on these things for a long time?	0	1	2	3
movies, reading or attending lectures?	0	1	2	3	Do you have to force yourself to do these tasks?	0	1	2	3
Or on fun activities such as sports or board games?	0	1	2	3	How hard is it?	0	1	2	3
Is it hard for you to keep your mind on school or work?	0	1	2	3	Do you procrastinate and put off tasks until the last				
Do you have unusual trouble staying focused on boring					moment possible?	0	1	2	3
or repetitive tasks?	0	1	2	3	<b>Loses important items?</b>				
Does it take a lot longer than it should to complete tasks					Do you lose things (eg. important work papers, keys,				
because you can't keep your mind on the task?	0	1	2	3	wallet, coats, etc)? A lot? More than others?	0	1	2	3
Is it even harder for you than some others you know?	0	1	2	3	Are you constantly looking for important items?	0	1	2	3
Do you have trouble remembering what you read and					Do you get into trouble for this (at work or at home)?	0	1	2	3
do you need to re-read the same passage several times?	0	1	2	3	Do you need to put items (eg, glasses, wallet, keys) in				
<b>Doesn't listen</b>					the same place each time, otherwise you will lose them?	0	1	2	3
Do people (spouse, boss, colleagues, friends) complain					<b>Easily distractible</b>				
that you don't seem to listen or respond (or daydream)					Are you ever very easily distracted by events around you				
when spoken to or when asked to do tasks? a lot?	0	1	2	3	such as noise (conversation, TV, radio), movement or				
Do people have to repeat directions?	0	1	2	3	clutter?	0	1	2	3
Do you find that you miss the key parts of conversations					Do you need relative isolation to get work done?	0	1	2	3
because of drifting off in your own thoughts? Does it					Can almost anything get your mind off of what you are				
cause problems?	0	1	2	3	doing, such as work, chores, or if you're talking to				
<b>No follow through</b>					someone?	0	1	2	3
Do you have trouble finishing things (such as work or					Is it hard to get back to a task once you stop?	0	1	2	3
chores)?	0	1	2	3	<b>Forgetful in daily activities</b>				
Do you often leave things half done and start another project?	0	1	2	3	Do you forget a lot of things in your daily routine? Like				
Do you need consequences (such as deadlines) to finish?	0	1	2	3	what? Chores? Work? Appointments or obligations?	0	1	2	3
Do you have trouble following instructions (especially					Do you forget to bring things to work, such as work				
complex, multistep instructions that have to be done in a					materials or assignments due that day?	0	1	2	3
certain order with different steps)?	0	1	2	3	Do you need to write regular reminders to yourself to do				
Do you need to write down instructions, otherwise you will					most activities or tasks, otherwise you will forget?	0	1	2	3
forget them?	0	1	2	3					

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### Adult ADHD-RS-IV\* with Adult Prompts^

	None	Mild	Moderate	Severe		None	Mild	Moderate	Severe
<b>Squirms and Fidgets</b>					<b>Talks Excessively</b>				
Can you sit still or are you always moving your hands or feet, or fidgeting in your chair?	0	1	2	3	Do you talk a lot? All the time? More than other people?	0	1	2	3
Do you tap your pencil or your feet? A lot? Do people notice?	0	1	2	3	Do people complain about your talking? Is it a problem?	0	1	2	3
Do you regularly play with your hair clothing?	0	1	2	3	Are you often louder than the people you are talking to?	0	1	2	3
Do you consciously resist fidgeting or squirming?	0	1	2	3	<b>Blurts out Answers</b>				
<b>Can't stay seated</b>					Do you give answers to questions before someone finishes asking?	0	1	2	3
Do you have trouble staying in your seat? At work?					Do you say things before it is your turn?	0	1	2	3
In class? At home (eg. watching TV, eating dinner)?					Do you say things that don't fit the conversation?	0	1	2	3
In church or temple?	0	1	2	3	Do you do things without thinking? A lot?	0	1	2	3
Do you choose to walk around rather than sit?	0	1	2	3	<b>Can't wait for turn</b>				
Do you have to force yourself to remain seated?	0	1	2	3	Is it hard for you to wait your turn (in conversation, in lines, while driving)?	0	1	2	3
Is it difficult for you to sit through a long meeting or lecture?	0	1	2	3	Are you frequently frustrated with delays? Does it cause problems?	0	1	2	3
Do you try to avoid going to functions that require you to sit still for long periods of time?	0	1	2	3	Do you put a great deal of effort into planning to not be in situations where you might have to wait?	0	1	2	3
<b>Runs/climbs excessively</b>					<b>Intrudes/Interrupts others</b>				
Are you physically restless?	0	1	2	3	Do you talk when others are talking, without waiting until you are acknowledged?	0	1	2	3
Do you feel restless inside? A lot?	0	1	2	3	Do you butt into others' conversations before being invited?	0	1	2	3
Do you feel more agitated when you cannot exercise on an almost daily basis?	0	1	2	3	Do you interrupt others' activities?	0	1	2	3
<b>Can't play/work quietly</b>					Is it hard for you to wait to get your point across in conversations or at meetings?	0	1	2	3
Do you have a hard time playing/working quietly?	0	1	2	3					
During leisure activity (non-structured times or on your own such as reading a book, listening to music, playing a board game), are you agitated or dysphoric?	0	1	2	3					
Do you always need to be busy after work or while on vacation?	0	1	2	3					
<b>On the go, "driven by a motor"</b>									
Is it hard for you to slow down?	0	1	2	3					
Do you feel like you (often) have a lot of energy and that you always have to be moving, are always "on the go"?	0	1	2	3					
Do you feel like you're driven by a motor?	0	1	2	3					
Do you feel unable to relax?	0	1	2	3					

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 ^Prompts developed by Lenard Adler, MD, Thomas Spencer, MD, and Joseph Biederman, MD.

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